

## FAMP 2020



Cape Paterson Caravan Park 1 Surf Beach Road, Cape Paterson, Ph: 5674 4507 Website: <u>http://cpcp.com.au/#</u>

| Day                               | Time                                 | Activity  |  |
|-----------------------------------|--------------------------------------|---|--|
| Wednesday<br>19 <sup>th</sup> Feb | 9.00am<br>9.45am<br>10.00am — midday | KVS bus departing from school (bookings required)<br>Arrival at Cape Paterson, KVS bus and families<br>Families setup their campsites |  |
| Thursday                          | 9.00am                               | Camp activities, students under mentor care during  |  |
| 20 <sup>th</sup> Feb              | - 5.00pm                             | these times   |  |
| Friday                            | 1.00pm                               | KVS bus (bookings required) and families depart   |  |
| 21 <sup>st</sup> Feb              | 1.45 pm                              | KVS bus arriving back at school   |  |

#### Get ready for FAMP!

FAMP (Family Camp) is a KVS tradition that started in our first year and has grown to become one of the most loved programs at KVS. Imagine days on the beach, connecting and conversing, imagine meeting new people and spending time with other families in our community. The festival-like atmosphere at FAMP is colourful, creative and joyous!

As it is a family camp, parents and siblings are also included in the festivity of FAMP. We understand that work or other commitments may prevent all family members from being there for the whole time, so it is fine to come and go as you need during the day, and just join us for dinner and evening activities.

Sun Room families must have at least one parent stay overnight each night. Triskelion students are welcome to stay independently, and mentors are happy to discuss readiness and the preferences of the students.

## Overview

As in previous years, we will set up a large marquee in the Community Camping area to house the camp kitchen from where meals will be prepared and served. There will be fruit and coffee/tea available all day at the camp kitchen, and parents can provide additional snacks for their families to have between meals if they choose. This area is also known as Base Camp.

For students, each day follows a planned timetable which involves activities like water activities, beach rambles, sand castle building and base camp time. The grounds are well setup for bike-riding so families are welcome to bring bikes (and helmets) along. At base camp there will be plenty of free time, as well as craft activities and games. The last evening will include the famous KVS quiz.



#### **Community Camping**

This space will have shared campsites with mentors, independent students and families all together, near the kitchen marquee. To assist us with space allocation, please let us know if you are bringing a camper trailer or caravan instead of a tent.

Independent students will be in three- and four-person tents (provided by KVS) and we will work with students at school to organise Tent Groups. Students may prefer to share their family tent and that's fine.

### **Family Camping**



For those that are camping but would prefer to not be co-located with the independent student tents there is the option for campsites a little further away from the Community Camping Area. You will need let us know if this is your preference, so we can plan the campsites.

We have some tents that we can lend to families, so let us know if you would like to camp but need to borrow a tent.

#### **Other Accommodation Options**



For those who are not keen on camping, there are some other options. There is only **one cabin** available at the park, this is different from previous years due to change in ownership. The cabin has two bedrooms with sleeping accommodation for up to six people (2 x singles, 1 x double, 1 x queen)The cabin is in another area of the caravan park that is separate from the camping ground, about a 150 metre walk away. Bookings for the cabin need to be made with Jenelle, as we have pre-booked it to ensure it wasn't taken by other holiday makers, but families should pay the park directly.

To see the details of the cabins and their rates, please review the <u>Cape Paterson website</u> page and select Cabins. The listed tariffs are based on two people, so please note the additional person rates as well. All blankets, linen, pillows and two towels are supplied. The cabins also have a fully equipped kitchen with gas hot plates, a microwave oven and refrigerator. There is a living area with dining table, settee, TV and DVD player and bathroom with shower and toilet. There are ceiling fans in the master bedrooms and a ceiling fan and heater in the living area.

Cape Paterson has many Airbnb properties that are close to the Camping Grounds, we suggest that you book in as soon as possible. Families are responsible for organising and paying for this option.

## Food

The camp kitchen is the hub of FAMP. The camp kitchen will kick-off with lunch on day one and the evening meal. On day two we will provide breakfast, lunch and dinner and on day

three breakfast and lunch. We will send out a form just prior to FAMP to gather the numbers expected at each meal to assist us with meal planning.

We will need help preparing the meals for our 18o-strong community, so please factor in some time in the kitchen over the three days. There will be a Volunteer Sign-Up Board in the kitchen area for you to work out which days and times suit you best. With so many people to feed, we really need all families to jump in and chop, slice and dice! Great conversation and clear instructions provided! The meals will all be vegetarian, with gluten and dairy-free options - if you have dietary requirements beyond these, please let us know.

Just like at school, we will be providing fruit, water and hot drinks all day, however, if your family would like additional snacks for morning and afternoon tea, please bring them along. We ask that any additional food you bring is 'good for body and brain', i.e. no lollies, chips, etc.

## Please bring cutlery, plates, bowls and cups for all members of your family

## Community Camp Site Set-up

We plan the site so that all independent sleepers will be clustered in their tent groups in the Community Camping area. The kitchen will be set up in our big marquee near this area, and families that have opted for Community Camping will be on sites close by.



Before children elect to sleep independently, it would be helpful if you could discuss their readiness to take on this challenge. When children leave their peers during the night this can have flow on consequences for the remaining children and we are keen to avoid this. Mentors may chat with you if

they have questions.

Should you be leaving FAMP for a period of time during the day, please let your child(ren) 's mentor know. To help children jump into activities it is helpful if beach gear, change of clothes, snacks, drink bottles, hats etc are at hand.

The camp sites in the Community Camping area all

have access to power, but as we are squeezing in more tents than would normally be on each site, access to power needs to be shared. Mentors will advise you where to set up your tent to enable other families to have sufficient space around them as well as factoring any co-location that assists in supporting independent sleeping arrangements.

We will have signage to assist families in locating the KVS Community Camping Area.

## Camp Costs

The meals for students and families from the KVS kitchen are included in your child's school

fees. KVS students camping fees are included in your child's school fees. Families need to pay camping fees of \$12.00 per person, per night (children under 5 years are free). To simplify the payment process, we will add this to your school fee account, so please do not pay the caravan park directly if you are camping.

Families staying in cabins will book them with us but then collect/return the key and pay the Caravan Park directly.

## What to bring

The Packing List below will assist independent camping children with their packing. Encourage your child(ren) to exercise their planning and organising muscles by packing their own bag for FAMP, or at least setting out all the things they'll think they will need so you can go through them, and the list, together. Please name as many of the items as possible - it makes it so much easier to match-up items with their owners when they become separated.

### Packing List

| _   |   |  |
|---|---|--|
| Tent<br>(KVS will provide tents for<br>students sleeping independently) | Sleeping Mat<br>(limited supply of KVS mats,<br>please request if required) | Shoes (for<br>walking/hikes)                   |
| Sleeping Bag/Doona  | Warm clothes:<br>(jumpers/long pants/beanie)                                | Toiletries:<br>toothbrush, toothpaste,<br>soap |
| Pillow  | Bathers / Wetsuit<br>(wetsuit if usually worn)                              | Hat  |
| Socks   | Torch   | Drink bottle                                   |
| Underwear   | Towels (two)  | Sunscreen/aloe vera                            |
| Small day pack  | Plate/Bowl/Mug/Utensils   | Chair / rug                                    |
| PJ's  | Raincoat  | Snacks for morning and afternoon tea.          |
| Shorts/t-shirts   | Head torches or lighting for quiz   |  |

#### **Optional:**

Books, cards, beach equipment (fishing rod, bucket/spade), teddy!!, balls/bats, camera (not ipods), musical instruments, bikes. Some families find it helpful to have additional camp chairs or rugs to use at base camp and their tent site.

#### What NOT to bring:

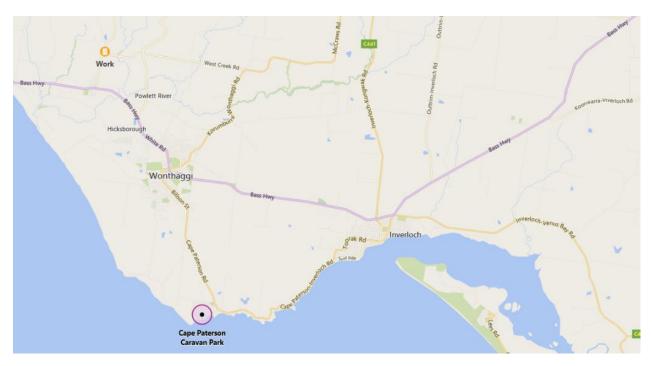
Electrical devices (ipods etc) including MP3 players, money, pocket knives.

## Sun Strategies

When you are at FAMP, either with group activities or during base camp time, please assist mentors by reminding your children about their sun strategies.



## Cape Paterson Caravan Park location



Located on Surf Beach Road, Cape Paterson

# Please note, FAMP, in the Community Camping area, is an alcohol and smoke-free event.

The Cape Paterson Caravan Park does not allow dogs or fires anywhere within the Caravan Park.